

**EXTENSION ACTIVITIES AND OUT REACH PROGRAMS IN COLLABORATION
WITH NCC/NSS/ COMMUNITY, 2022-23**

DAMDAMA COLLEGE, KULHATI

Free Health Camp



Damdama College, NSS unit undertook a free health check-up camp at Hadala village. The camp was organized on 13th July 2022. Hadala village is the adopted village of Damdama College which was severely affected by the recent flood in Assam. The health check-up camp was conducted in association with Nemcare Hospitals, Guwahati and Hajo hospital. A total number of two separate camps were set up on that day and approximately 200 people visited each from young to old. The people were thoroughly checked by the medical practitioners and were also provided free medicine for fever, gastric, cough, etc. The doctors from Nemcare Hospital who were present at the camp also demonstrated how precautions and prevention need to be taken by the villagers during the flood. The camp witnessed massive cooperation from the local villagers, senior citizens, village Gaonburah, and local Asha workers. The NSS volunteers Himakshi Das, Prerona Deka, Nisha Thakuria, Jayashree Kalita, Kashmiri Bharali, Bhaswati Das, Swapna Das and Samiran, Rajiv, Bishal and others participated and conducted the event for the entire day with great enthusiasm. Besides this, teachers of college including Biraj Das, HoD Education, Pratibha Deka, HoD English,

Amitabh Chakraborty, HoD History assisted in the successful completion of the programme. Besides these, the Principal of the college, Dr. Suranjan Sarma and NSS co-ordinator Dr. Babita Kalita provided all the necessary support in smoothly conducting the program.

Chief Minister's Institutional Plantation Programme

With full solidarity and enthusiasm the NSS unit of the college came forward in observing the Chief Minister's Institutional Plantation Programme on 9th August 2022. The program began with the inaugural speech of the Principal of the college who highlighted the green initiative laid by the college in the last few years. A plantation drive on the college campus was organized where all the NSS volunteers, teachers and staff of the college participated actively.



Clean India Campaign

On 10th November the NSS unit of the college organized a clean Indian campaign. Through the Clean India Mission, the Indian government is aiming to solve the problems and side effects caused by a lack of cleanliness and improper hygiene. Focussing on the core ideas, the NSS volunteers of Damdama College along with the programme officer, teachers and staff took part in cleaning the college campus as well as the nearby areas of Sesa Bazaar Chowk. A total number of 50 volunteers took an active part in disposing of the plastics which were scattered over the areas. Local people were also advised on garbage management by the teachers - Amitabh Chakrabarty, Head of the History Department and Altaf Hussain, Head of the Political Science Department. Awareness slogans on cleanliness were raised among the locals during the programme.



Bir Lachit Divas



Lachit Barphukon is best known for leading the Ahom troops which fought and defeated advancing Mughal troops at the Battle of Saraighat on the outskirts of Guwahati in 1671. Through these high-profile celebrations of his 400th birth anniversary, the Assam government is pushing for his national recognition as a hero along the lines of Shivaji, and as an important foil to the Mughals. Damdama College NSS unit also observed the celebration of the birth anniversary of the legend from 19th November to 24th November 2022. Quiz competitions, essay competitions and yoga training by Yoga Trainer Arundhati Talukdar was imparted to the students as part of the celebration. Erfan Ahmed a student from Political Science department won the first prize in quiz and Swapnali Kalita, a student of History department won first prize in essay competition. The NSS volunteers, total 35 no. of students and all the staff of the college together emphasised the importance of Lachit Barphukan in the history of Assam.

World Environment Day Celebration

On the 5th of June, 2023, Damdama College in Kulhati celebrated World Environment Day with a range of impactful initiatives aimed at fostering environmental consciousness and sustainable practices within the campus community. The day began with a collective effort towards campus cleanliness, total 35 no. of students, faculty, and staff came together to tidy up the surroundings, showcasing their dedication to upholding a pristine environment. Following the cleaning drive, a tree plantation program was conducted, symbolizing the college's commitment to nurturing and preserving nature.

In addition to these activities, Damdama College also organized an array of engaging events to further highlight the importance of environmental stewardship. An essay competition, quiz, and art competition were held, attracting numerous enthusiastic participants. Students showcased their knowledge, creativity, and passion for environmental conservation through these competitions, with many emerging as winners, earning prizes and certificates for their contributions.

Through these multifaceted initiatives, Damdama College underscored the significance of collective action in safeguarding our planet for future generations. By engaging in activities ranging from hands-on environmental work to intellectual and creative endeavors, participants were inspired to become proactive stewards of the environment in their daily lives.

World Yoga Day



On the 21st of June, 2023, Damdama College in Kulhati observed World Environment Day with a unique and enlightening event held in the conference hall. Dr. Babita Kalita, the esteemed Librarian and NSS Program Officer of the college, took center stage to showcase her proficiency in yoga while also imparting valuable insights into its significance for both students and faculty members. Total no. of students took part in the program. With grace and expertise, Dr. Kalita demonstrated various yoga poses, emphasizing the holistic benefits of this ancient practice for physical health, mental well-being, and environmental awareness. Throughout her demonstration, she underscored the importance of integrating yoga into the daily lives of individuals within the college community, highlighting its potential to foster a harmonious relationship with nature and promote sustainable living. Dr. Kalita's presentation served as a poignant reminder of the interconnectedness between personal wellness and environmental stewardship, inspiring attendees to embrace yoga as a tool for nurturing both themselves and the world around them.

Saraswati Puja



In 2023, Damdama College reverently observed Saraswati Puja under the auspices of its National Service Scheme (NSS) unit. The campus was adorned with vibrant decorations, evoking a sense of reverence and devotion. More than 600 students, all the faculties, and staff gathered in harmony to pay homage to the goddess of wisdom, knowledge, and learning. The atmosphere was filled with chants of hymns and prayers, creating a serene ambiance

conducive to reflection and introspection. Through the celebration of Saraswati Puja, Damdama College reaffirmed its commitment to fostering intellectual growth, enlightenment, and the pursuit of knowledge among its community members.